**Dojo Etiquette**

1. Karate suits (gi’s) must be white and clean
2. Students should bow on leaving and entering the dojo
3. No eating or drinking inside the dojo
4. When sitting, students should have their legs crossed
5. No jewellery should be worn
6. Respect higher grades
7. Be kind to lower grades and beginners
8. The instructor should be addressed as Sensei and assistant instructors as Sempai
9. Regular training is essential to promote successful gradings